

# What To Know About MPX

MPX—also known as Monkeypox—is a rare disease caused by infection with the MPX virus. Though current risk to the general public is low, anyone can get MPX.

## How is MPX Spread?

Anyone—of any gender or sexual orientation—can get infected.



Direct contact with rash, scabs, or body fluids



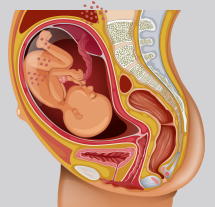
Prolonged face-to-face contact



Sexual or other close, intimate contact



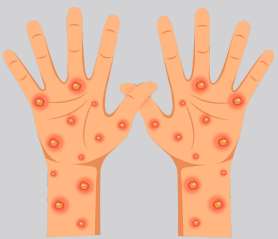
Unwashed towels, bedding, clothing, and utensils



To the fetus during pregnancy

## What Are MPX Symptoms?

Not everyone will get all MPX symptoms listed below.



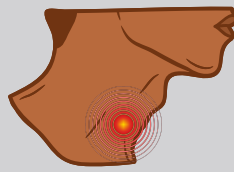
Rash (red, bumpy, pimply, or blistery)



Fever or chills



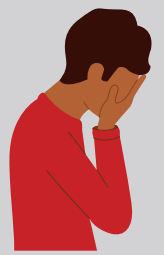
Runny/stuffy nose or cough



Sore throat or swollen lymph nodes



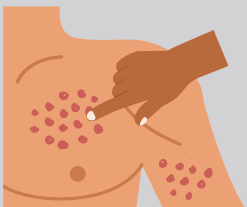
Headache, muscle pain, or backache



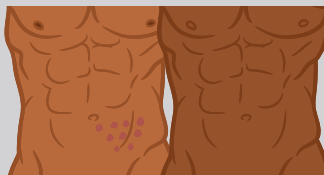
Tiredness or fatigue

## How Can MPX Be Prevented?

If you know someone with MPX, avoid:



Touching skin rash, scabs, or body fluids



Skin-to-skin contact



Unwashed towels, bedding, and clothing



Sharing drinks or unwashed utensils

**Think you may have MPX?** Contact your medical provider *immediately*.

**Don't have a medical provider?** Contact us at [Monkeypox@acgov.org](mailto:Monkeypox@acgov.org) or (510) 268-2101 for support.

