MPX Exposure Risk by Activity

MPX—also known as Monkeypox— is a rare illness caused by infection with the MPX virus. MPX can cause fever, headache, body aches, swollen lymph nodes, and a rash.







Sexual and Intimate Contact



Contaminated Linen (bedding, towels, clothes, etc.)



Other Intimate Contact * (hugging, kissing, cuddling, massaging, etc.)



Sharing Drinks



Attending Crowded In-Door Events with People who are Not Fully-Clothed



Contact with Infected Animals *





Using Public Restroom Facilities



Swimming (pools and hot tubs)



Working Out at the Gym

The following are still being researched about MPX virus:

- If it can be spread when someone has no symptoms (i.e., asymptomatic)
- How often it is spread through respiratory secretions
- Whether it can be spread through semen, vaginal fluids, urine, or feces
- * Includes prolonged face-to-face contact with an infected person (3hr+)
- † It is possible for people to get MPX from infected animals by being scratched or bitten, by preparing or eating meat, or by using products from an infected animal.

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