**MPX Exposure Risk by Activity**

MPX—also known as Monkeypox—is a rare illness caused by infection with the MPX virus. MPX can cause fever, headache, body aches, swollen lymph nodes, and a rash.

### High Risk
- **Skin-to-Skin Contact**
- **Sexual and Intimate Contact**
- **Contaminated Linen** (bedding, towels, clothes, etc.)

### Medium Risk
- **Other Intimate Contact** *(hugging, kissing, cuddling, massaging, etc.)*
- **Sharing Drinks**
- **Attending Crowded In-Door Events with People who are Not Fully-Clothed**
- **Contact with Infected Animals** †

### Low Risk
- **Grocery Shopping**
- **Using Public Restroom Facilities**
- **Swimming** *(pools and hot tubs)*
- **Working Out at the Gym**

The following are still being researched about MPX virus:
- If it can be spread when someone has no symptoms (i.e., asymptomatic)
- How often it is spread through respiratory secretions
- Whether it can be spread through semen, vaginal fluids, urine, or feces

* Includes prolonged face-to-face contact with an infected person (3hr+)
† It is possible for people to get MPX from infected animals by being scratched or bitten, by preparing or eating meat, or by using products from an infected animal.

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